



1
00:00:06,230 --> 00:00:04,490
I was aware of feeling so relaxed like I

2
00:00:08,509 --> 00:00:06,240
couldn't move yeah but it wasn't really

3
00:00:09,830 --> 00:00:08,519
bothered that I couldn't move it you'd

4
00:00:13,070 --> 00:00:09,840
be happy just to sit there and look at

5
00:00:14,390 --> 00:00:13,080
it forever I just want it to land and go

6
00:00:17,090 --> 00:00:14,400
away with it

7
00:00:19,250 --> 00:00:17,100
Rachel Devereaux is a 35 year old shop

8
00:00:21,230 --> 00:00:19,260
manager from Lancaster England who had

9
00:00:23,150 --> 00:00:21,240
her first missing time experience only

10
00:00:25,370 --> 00:00:23,160
three months ago

11
00:00:27,109 --> 00:00:25,380
what makes our accounts exceptional is

12
00:00:31,009 --> 00:00:27,119
that it was shared by her mother Anne

13
00:00:36,950 --> 00:00:31,019

and her two sons Alexandra and Benjamin

14

00:00:46,369 --> 00:00:43,510

[Music]

15

00:00:49,369 --> 00:00:46,379

we've been to the little chef and we

16

00:00:52,130 --> 00:00:49,379

just had our tea there and evening meal

17

00:00:53,990 --> 00:00:52,140

we left there about half past five I

18

00:00:55,670 --> 00:00:54,000

remember looking at the clocks I was

19

00:00:57,350 --> 00:00:55,680

thinking I had yeah it was about 20 past

20

00:01:00,729 --> 00:00:57,360

half five because I thought I've got my

21

00:01:04,009 --> 00:01:02,869

Benjamin was in the furthest corner of

22

00:01:06,469 --> 00:01:04,019

the car

23

00:01:09,530 --> 00:01:06,479

and my Nana was in

24

00:01:12,830 --> 00:01:11,149

the boys were chatting and we remember

25

00:01:14,870 --> 00:01:12,840

commenting on the chimneys the

26

00:01:18,350 --> 00:01:14,880

silhouette of the the chimneys really

27

00:01:26,740 --> 00:01:20,030

now when I think about it that's the

28

00:01:30,649 --> 00:01:28,130

[Music]

29

00:01:33,350 --> 00:01:30,659

the next thing I remember is just seeing

30

00:01:35,929 --> 00:01:33,360

this awesome bright light

31

00:01:38,510 --> 00:01:35,939

it's like going up and then it hovered

32

00:01:40,370 --> 00:01:38,520

right above the car it doesn't make

33

00:01:42,710 --> 00:01:40,380

sense even you know when I talk about it

34

00:01:44,870 --> 00:01:42,720

but we all felt that it was like just

35

00:01:46,850 --> 00:01:44,880

this absolutely overwhelming love that

36

00:01:48,170 --> 00:01:46,860

you just felt from it you'd you'd be

37

00:01:51,350 --> 00:01:48,180

happy just to sit there and look at it

38

00:01:53,510 --> 00:01:51,360

forever I just want it to land and go

39

00:01:57,010 --> 00:01:53,520

away with it yeah and leave everything

40

00:02:01,730 --> 00:01:59,929

it was hovering for a bit can you put

41

00:02:04,789 --> 00:02:01,740

the car on Hubbard then all of a sudden

42

00:02:06,410 --> 00:02:04,799

it shot off then it was like all of a

43

00:02:09,770 --> 00:02:06,420

sudden and then I was driving and the

44

00:02:14,270 --> 00:02:12,290

he felt this feeling of loss when it had

45

00:02:16,850 --> 00:02:14,280

gone because you wanted that feeling

46

00:02:21,589 --> 00:02:16,860

that it gave you you wanted it back

47

00:02:26,330 --> 00:02:23,449

going from the little chef to our house

48

00:02:31,130 --> 00:02:26,340

should have taken about 20 minutes and

49

00:02:36,110 --> 00:02:33,350

you know this facts that I've gone over

50

00:02:39,170 --> 00:02:36,120

and over and over in my head and tried

51
00:02:41,449 --> 00:02:39,180
to rationalize and try to fit into what

52
00:02:47,030 --> 00:02:41,459
we know as the world today and

53
00:02:51,949 --> 00:02:49,490
whether these events are physical or

54
00:02:55,670 --> 00:02:51,959
psychological the need for individuals

55
00:02:57,770 --> 00:02:55,680
to make sense of them is overwhelming

56
00:02:59,930 --> 00:02:57,780
having had a missing time experience

57
00:03:02,270 --> 00:02:59,940
Rachel Ann and the boys were left

58
00:03:05,210 --> 00:03:02,280
confused by what it was they experienced

59
00:03:08,570 --> 00:03:05,220
the next day we talked about it again

60
00:03:11,449 --> 00:03:08,580
and you just wanted to know who else had

61
00:03:13,850 --> 00:03:11,459
seen it but you just didn't know how how

62
00:03:15,530 --> 00:03:13,860
to to find that out and you know we

63
00:03:18,050 --> 00:03:15,540

talked about a number of things and Mum

64

00:03:21,589 --> 00:03:18,060

came up with the idea of phone in the

65

00:03:23,449 --> 00:03:21,599

radio station the local radio station

66

00:03:25,190 --> 00:03:23,459

a family from North Lancaster have been

67

00:03:27,470 --> 00:03:25,200

describing how they saw a mysterious

68

00:03:29,089 --> 00:03:27,480

light in the sky last night Rachel

69

00:03:31,190 --> 00:03:29,099

Devereaux was driving on the Moors

70

00:03:33,530 --> 00:03:31,200

between Ingleton and Bentham with her

71

00:03:35,690 --> 00:03:33,540

two children and her mother and they all

72

00:03:38,449 --> 00:03:35,700

saw a bright light move with great speed

73

00:03:40,670 --> 00:03:38,459

and change directions and so she's never

74

00:03:44,229 --> 00:03:40,680

seen anything like it before this was

75

00:03:48,470 --> 00:03:44,239

like a really really bright pure white

76

00:03:49,789 --> 00:03:48,480

light in a perfect no Trails

77

00:03:51,710 --> 00:03:49,799

nothing

78

00:03:54,710 --> 00:03:51,720

lots of people say well a few people

79

00:03:57,949 --> 00:03:54,720

have said they see this light seriously

80

00:03:59,869 --> 00:03:57,959

Keith near clitheroe Vera and Keller and

81

00:04:02,390 --> 00:03:59,879

Ian and Venice Kohl's

82

00:04:05,089 --> 00:04:02,400

a local UFO group also heard the family

83

00:04:07,190 --> 00:04:05,099

story and made contact

84

00:04:08,869 --> 00:04:07,200

I got in touch with Anne first I phoned

85

00:04:11,149 --> 00:04:08,879

her up and that was shortly after they

86

00:04:13,550 --> 00:04:11,159

first saw the light and she was very

87

00:04:16,009 --> 00:04:13,560

euphoric about it she was just wondering

88

00:04:17,810 --> 00:04:16,019

what it was really the UFO group were

89

00:04:19,610 --> 00:04:17,820

able to help Rachel and Anne document

90

00:04:21,289 --> 00:04:19,620

the events of the night but the

91

00:04:22,550 --> 00:04:21,299

emotional support they could offer was

92

00:04:25,670 --> 00:04:22,560

limited

93

00:04:27,710 --> 00:04:25,680

we're a local UFO group we're not

94

00:04:28,969 --> 00:04:27,720

professionally qualified at all and I

95

00:04:31,850 --> 00:04:28,979

think it'll be quite difficult for

96

00:04:34,550 --> 00:04:31,860

someone to go to their MP who I mean the

97

00:04:36,110 --> 00:04:34,560

GP there isn't anyone who can

98

00:04:37,969 --> 00:04:36,120

deal with people who've got strange

99

00:04:39,530 --> 00:04:37,979

experience like this

100

00:04:40,670 --> 00:04:39,540

I think they'll want to get answers to

101
00:04:45,910 --> 00:04:40,680
what happened to them during that time

102
00:04:51,890 --> 00:04:50,090
[Music]

103
00:04:53,870 --> 00:04:51,900
you suddenly

104
00:04:58,430 --> 00:04:53,880
you've got all these different factors

105
00:05:02,870 --> 00:05:00,530
it's helplessness

106
00:05:04,610 --> 00:05:02,880
and it makes you cry

107
00:05:06,590 --> 00:05:04,620
because

108
00:05:09,530 --> 00:05:06,600
you don't know how to stop it you don't

109
00:05:20,110 --> 00:05:11,629
um I mean it's making me crying I don't

110
00:05:20,120 --> 00:05:25,310
do I agree

111
00:05:28,430 --> 00:05:27,590
if you start think about it like we are

112
00:05:31,670 --> 00:05:28,440
now

113
00:05:44,250 --> 00:05:31,680

it becomes overwhelming and you can't

114

00:05:52,550 --> 00:05:50,230

[Music]

115

00:05:55,730 --> 00:05:52,560

couldn't say oh you've all got false

116

00:05:58,430 --> 00:05:55,740

memories and you all imagined it

117

00:06:01,129 --> 00:05:58,440

I know I didn't because I know how it's

118

00:06:04,189 --> 00:06:01,139

made me feel inside more than anything

119

00:06:06,050 --> 00:06:04,199

it's um it's just wanting to make sense

120

00:06:07,430 --> 00:06:06,060

of it that's the way that's the feeling

121

00:06:10,850 --> 00:06:07,440

it gives you

122

00:06:11,749 --> 00:06:10,860

just wanting more knowledge and wanting

123

00:06:19,249 --> 00:06:11,759

to

124

00:06:23,629 --> 00:06:21,469

Rachel Devereaux had her first missing

125

00:06:25,730 --> 00:06:23,639

time experience just three months ago

126

00:06:27,890 --> 00:06:25,740

while driving home

127

00:06:29,749 --> 00:06:27,900

having looked into the phenomenon she

128

00:06:31,790 --> 00:06:29,759

has decided to take a bold but common

129

00:06:34,010 --> 00:06:31,800

step for people who have had this type

130

00:06:36,230 --> 00:06:34,020

of encounter hi hi

131

00:06:39,830 --> 00:06:36,240

she's going to have hypnotic regression

132

00:06:43,129 --> 00:06:39,840

I'm feeling quite nervous about it about

133

00:06:44,510 --> 00:06:43,139

the regression but also quite excited

134

00:06:46,430 --> 00:06:44,520

right so you might not have done this

135

00:06:48,590 --> 00:06:46,440

before but I've done it a few thousand

136

00:06:50,689 --> 00:06:48,600

times Rachel's hoping that under

137

00:06:52,969 --> 00:06:50,699

hypnosis she can be taken back to when

138

00:06:54,830 --> 00:06:52,979

she had her experience and retrieve

139

00:06:57,050 --> 00:06:54,840

memories that are not consciously

140

00:07:00,170 --> 00:06:57,060

accessible I want it to be an honest

141

00:07:07,850 --> 00:07:00,180

account you know if I do remember how do

142

00:07:07,860 --> 00:07:12,110

some feel like it's okay

143

00:07:12,120 --> 00:07:17,270

to feel

144

00:07:24,469 --> 00:07:20,270

it

145

00:07:26,270 --> 00:07:24,479

everywhere he's like stunning in the

146

00:07:29,570 --> 00:07:26,280

middle of space there's big big bright

147

00:07:31,790 --> 00:07:29,580

light here right in front of me

148

00:07:33,110 --> 00:07:31,800

that's hey and that's watching what the

149

00:07:34,969 --> 00:07:33,120

little ones are doing the small ones

150

00:07:36,230 --> 00:07:34,979

going around and looking at us and

151

00:07:38,870 --> 00:07:36,240

talking to each other

152

00:07:40,730 --> 00:07:38,880

do you think the boys are funny I think

153

00:07:42,110 --> 00:07:40,740

they're funny I can hear laughing now

154

00:07:53,749 --> 00:07:42,120

the children laugh but they're really

155

00:07:53,759 --> 00:07:59,990

I'm not scared for the children

156

00:08:03,409 --> 00:08:01,790

put the lights there and it's just

157

00:08:06,230 --> 00:08:03,419

telling me that it's fine and we're not

158

00:08:08,330 --> 00:08:06,240

going to hurt them that your children

159

00:08:13,129 --> 00:08:08,340

they're your children yeah that's fine

160

00:08:17,990 --> 00:08:14,990

yourself coming back more and more of

161

00:08:25,430 --> 00:08:20,890

good well done how do you feel wow

162

00:08:28,089 --> 00:08:25,440

I can't believe how real

163

00:08:30,650 --> 00:08:28,099

that felt from my perspective having

164

00:08:33,110 --> 00:08:30,660

completed thousands of regressions over

165

00:08:36,250 --> 00:08:33,120

the years who didn't fabricate that she

166

00:08:38,930 --> 00:08:36,260

didn't pretend uh to cry

167

00:08:40,969 --> 00:08:38,940

speechless and just kind of speechless

168

00:08:43,969 --> 00:08:40,979

do I believe everything that happened